



A 2018 HOLIDAY GIFT GUIDE

STOCKING STUFFERS AND GIFT IDEAS FOR THE
WOMEN IN YOUR LIFE THIS HOLIDAY SEASON

INSPIRED BY SEASON 2 GUESTS ON THE VENDOR'S DAUGHTER PODCAST



METTA GOOD

METTAGOOD.COM

Made in San Francisco Ca,
Metta Good is a lip balm that is good
for the body and good for the
environment.

It took 2 years for Nicole Spear to
perfect her balm's recipe before
she decided it was ready for market.

You can feel the patience and
attention to detail with every swipe
across your lips.



Buy 1 to 2 balms for stocking stuffers.
Can't decide which one? I **HIGHLY**
recommend Rose Cardamom. "think chai
with a subtle hint of rose."



If you're looking for a gift to put under the
tree, you can buy a gift set (pictured right)
which combines all 4 lip balms in one
beautiful drawstring package





FRANKIEANDMYRRH.COM

Also made in San Francisco Ca, Ryan and I first discovered this aromatherapy spray at yoga class, when the instructor sprayed it on all the yogis' wrists after class.

EVERYONE loved it and wanted to know what it was called. She laughed when she told us the name, which in itself is a reason to buy it. Even better it's very soothing (we spray it on our pillows before bed). Spray once and allow the smells of lavender and frankincense to soothe you, spray twice if you're feeling particularly bitchy.



Buy just the spray, the roll on or the natural oil blend for a perfect stocking stuffer, that's sure to soothe and get some laughs.



For your extra bitchy friend, aka your best friend who would LOVE the scent and the name, you can get the full gift set, so she's set for any situation at home or on the go.



GIRL, WASH YOUR FACE

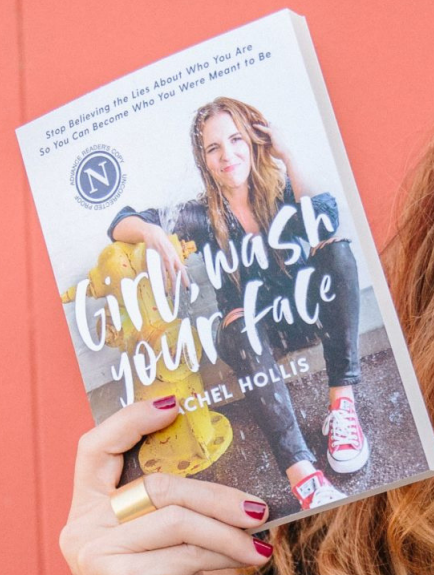
THECHICSITE.COM

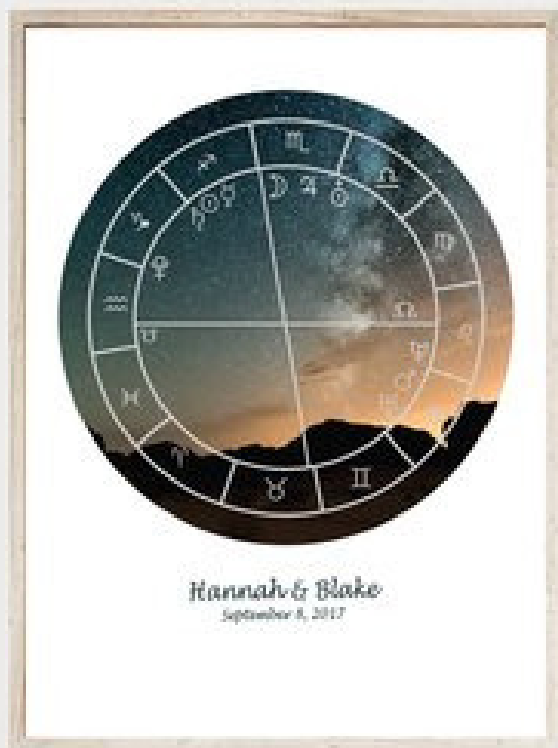


In my house, every stocking gets a book (it's always my favorite part). But whether you put it in a stocking or wrap it under the tree, *Girl, Wash Your Face* is the perfect gift for the woman in your life who loves to read, is looking to laugh while she improves herself on this journey called life.

Rachel Hollis goes into the lies women tell themselves and how those lies can be overcome to help women lead their best, most authentic lives.

From sex to raising children, being a working mom and pursuing your dreams, nothing is off the table. This is a **MUST** read for all women. If you haven't read it, buy it as a gift to yourself.





PRACTICALLYMAGICCOMPANY.COM



Give the gift of understanding to your loved ones this holiday season with a beautifully cast astrology wheel.

When Ryan and I received our wheel with our individual summaries it was an eye opener and seriously a marriage therapist. I thought he was too critical of me, but when I read his Virgo description I realized attention to details matter A LOT to him, not because he's OCD but because he was made a certain way. And I'm not too emotional, I'm a Scorpio, I was born this way. Understanding who we were created to be as individuals has seriously helped us navigate our relationship. It's also helped me accept and appreciate who I am, embracing the good and game planning against what could be perceived as bad.

It's seriously like magic!



If you know your friend or family member loves astrology but are looking for something a little less personalized, opt instead for one of these beautiful stationary kits.



Mosswood

DRINKMOSSWOOD.COM



Made in Berkeley Ca, by power couple Therese Agnew and Jake Chevedden, Mosswood Whiskey is a perfect gift, stocking stuffer or hostess present for anyone in your life this holiday season, because who doesn't like getting whiskey as a gift?

If you just answered, "my friends don't drink whiskey," then you're in luck because Mosswood recently added Rum to their offerings.

